

Lead Between

simmons(group)

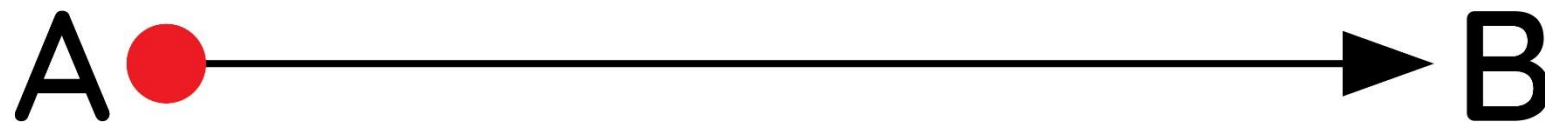




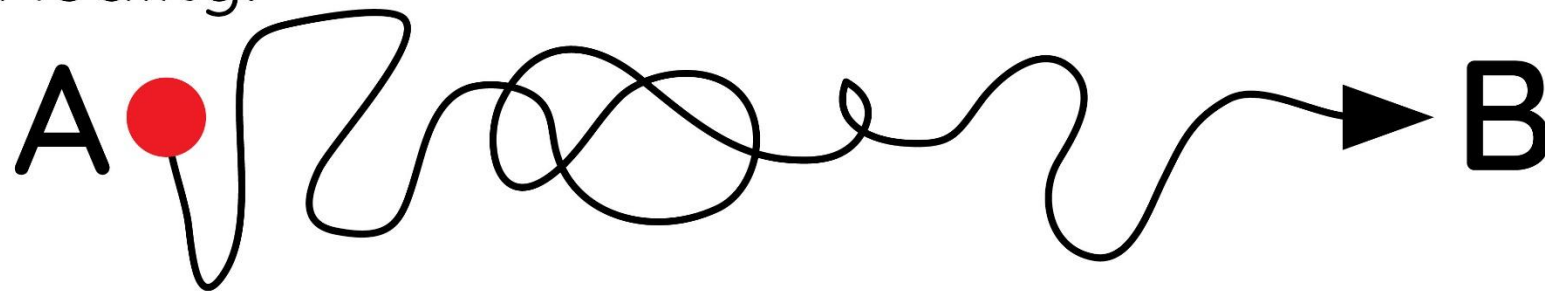
My plans:



Expectation:



Reality:



a·dapt

/əˈdapt/

Verb

Make (something) suitable for a new use or purpose; modify

Become adjusted to new conditions.



Compression Fatigue







SELF
CARE

is NOT
SELFISH

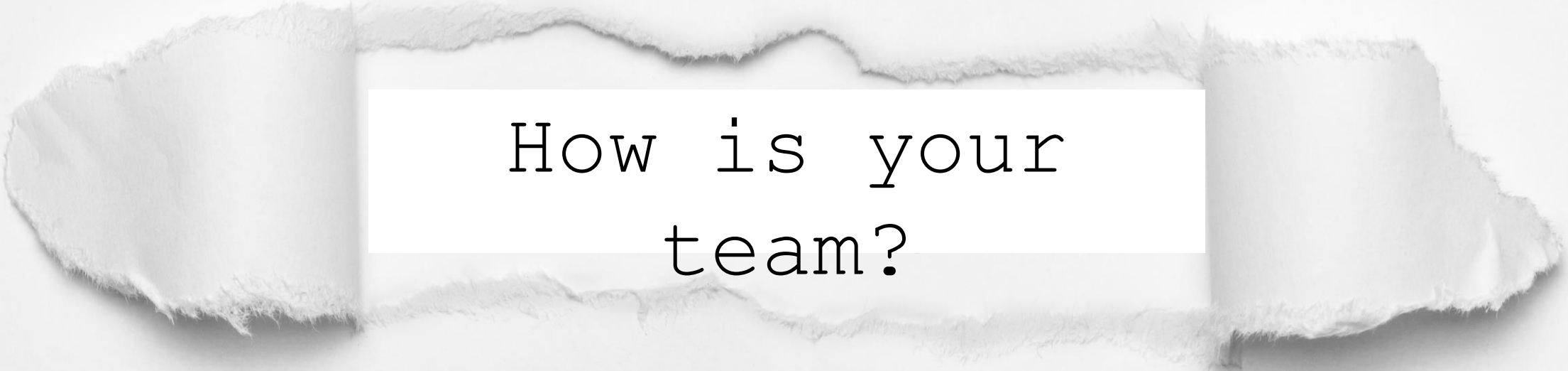
First Thought...



A horizontal strip of white paper with irregular, torn edges, resembling a piece of paper pulled out of a book or a document. The paper is centered against a light gray background. The text "How are you?" is written in a black, serif font across the middle of the paper.

How are you?

3 Words

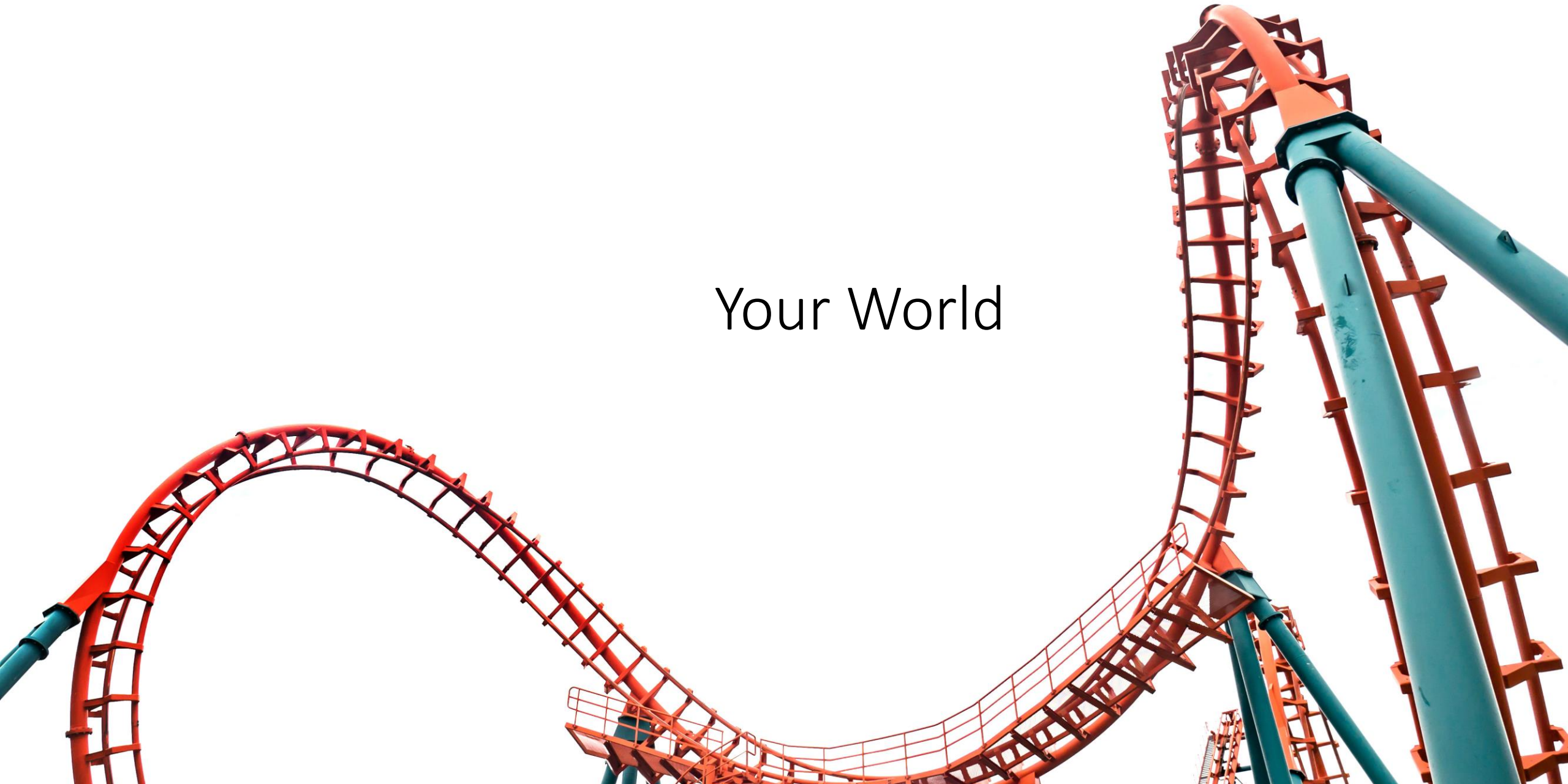
A horizontal strip of white paper with ragged, torn edges is centered on a light gray background. The paper is slightly curved and has a soft shadow beneath it. In the center of the paper, the text "How is your team?" is written in a black, monospaced, typewriter-style font, arranged in two lines.

How is your
team?

3 Words

Your Words

Your World



Service Based Leaders

66% Less Stress

14% Increased Efficiency





Lead Between



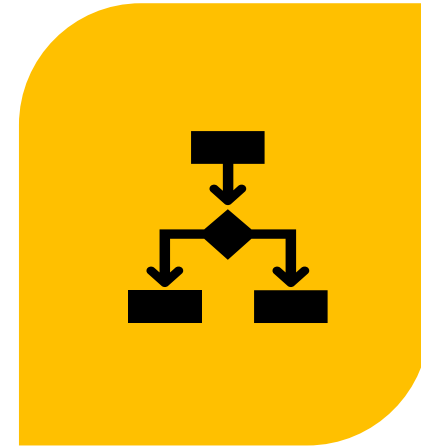
Lead Between



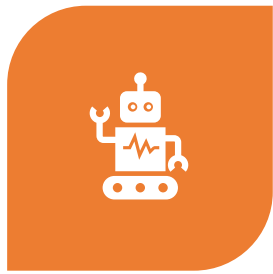
EVENT



ACTION



OUTCOME



CONTROL



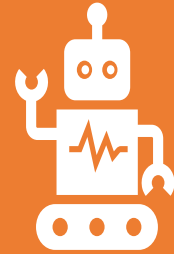
ACCEPTANCE



OUTCOME
FOCUSED



RESOURCES



CONTROL

Most Powerful?

PAUSE









What is the one thing you are guaranteed control over 100% of the time?

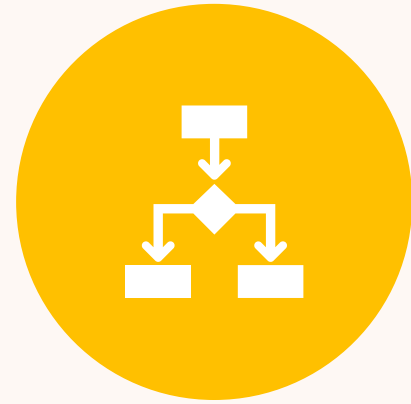


EVENT

Y
O
U



ACTION



OUTCOME



Things I
CONTROL

%



Things I can
INFLUENCE

%



NO control or
influence

%



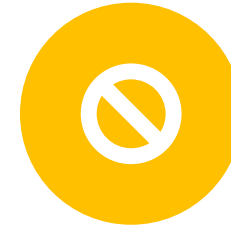
Things I CONTROL

80%



Things I can
INFLUENCE

20%



NO control or
influence

1%



Things I
CONTROL



Things I can
INFLUENCE



NO control or
influence

Emails?

Meetings?

The World?

Conversations?

To-Do List?

Stuff?



Things I
CONTROL



Things I can
INFLUENCE

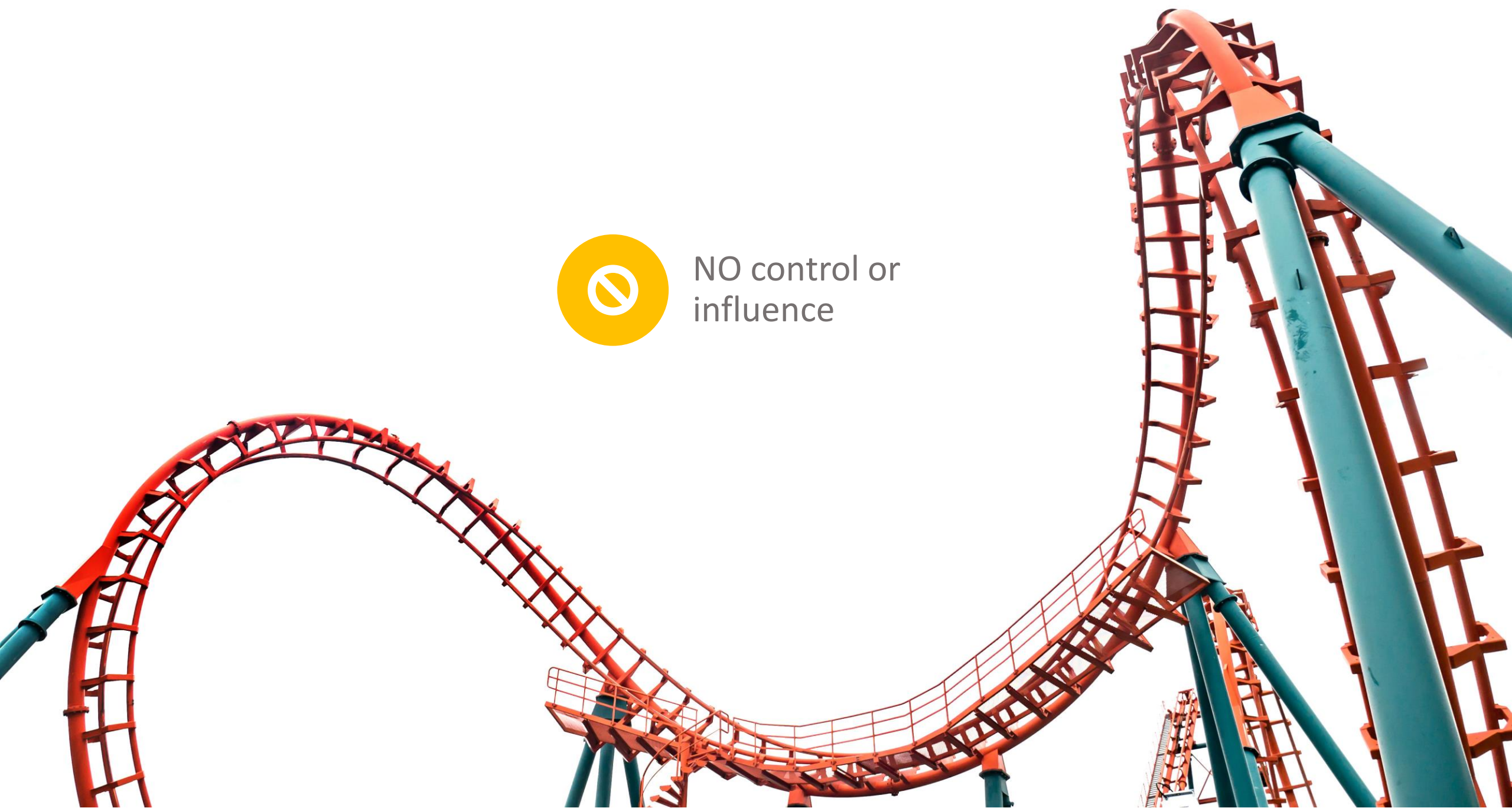


NO control or
influence





NO control or
influence





ACCEPTANCE





Personal?



ACCEPTANCE

Explore?



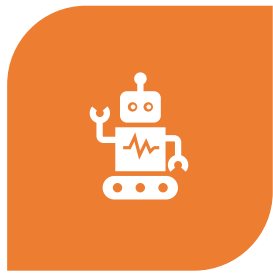
Explode!





ACCEPTANCE





CONTROL



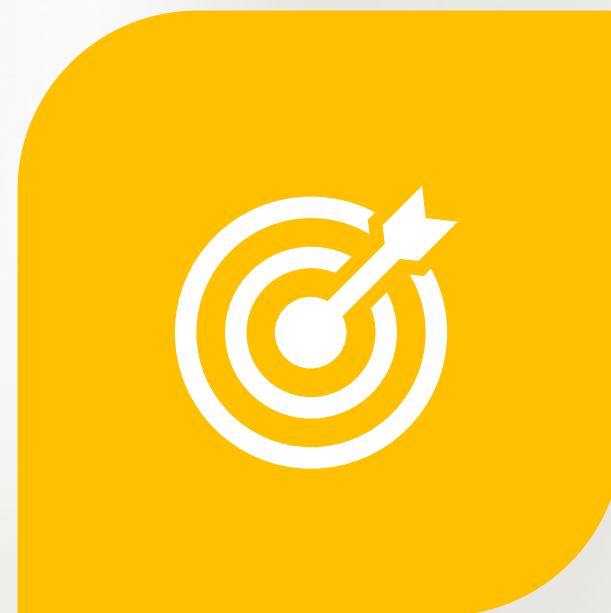
ACCEPTANCE



OUTCOME
FOCUSED



RESOURCES



OUTCOME FOCUSED



40%

27%



ELIMINATE DISTRACTIONS



DISTRACTIONS?



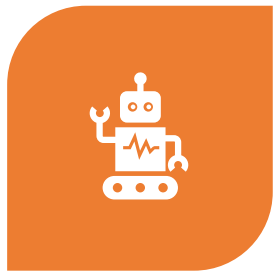
- Emotions?
- Belief Systems?
- Busyness?
- Free Rent?





OUTCOME FOCUSED





CONTROL



ACCEPTANCE



OUTCOME
FOCUSED



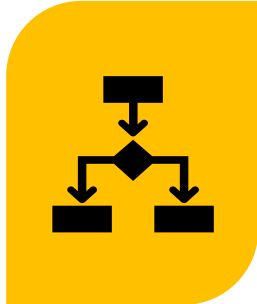
RESOURCES



RESOURCES







EVENTACTION OUTCOME





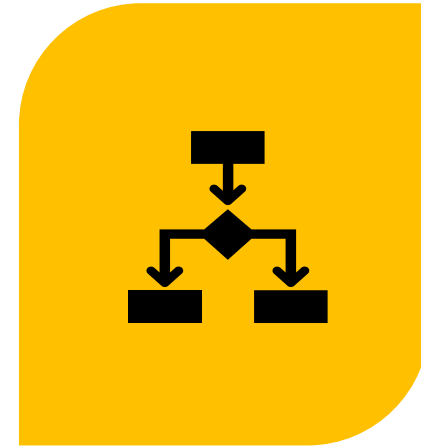
Lead Between



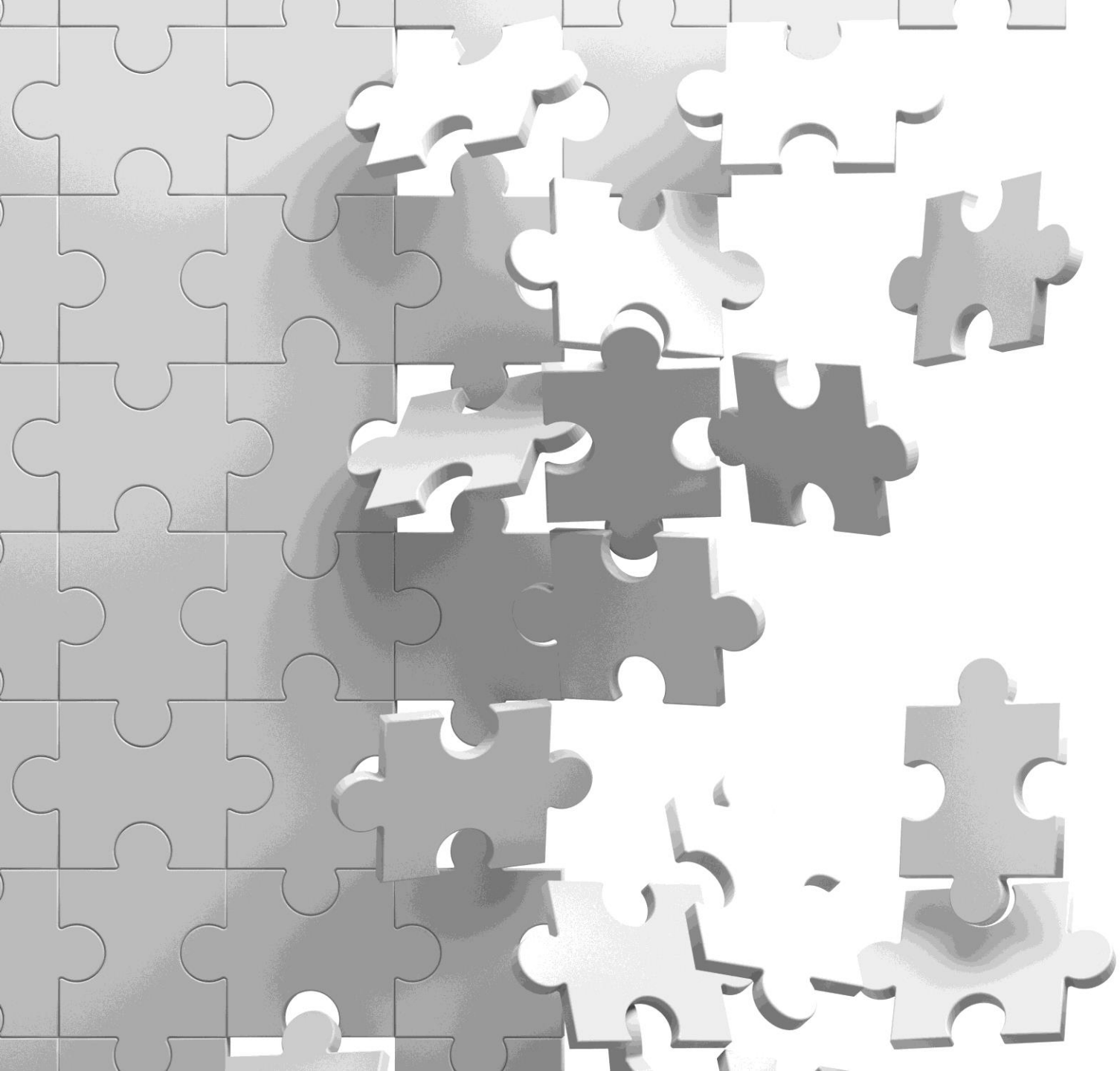
EVENT

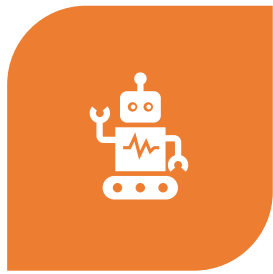


ACTION



OUTCOME





CONTROL



ACCEPTANCE



OUTCOME
FOCUSED



RESOURCES



Lead Between



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